

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations March 2023**

Sociology and General Psychology

Time: 3

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Write SECTION A, SECTION B and SECTION C in separate Answer books. Do not mix up questions from Section A, Section B and Section C.*

QP Code: 105009

Section A- Ayurvedic Part

Max Marks: 50

Essay

(4x10=40)

1. Define Vyayama, and explain its benefits.
2. Differentiate udvartana and utsadana and its benefits and gunas
3. Explain role of sadvritta in mental health
4. Mention janapadodwamsakara bhava and explain dushita jala lakshana

Short Notes

(4x2½=10)

5. Kavala
6. Nitya upyogi anjana
7. Dantadhavana.
8. Pratimarsha nasya

QP Code: 106009

Section B – Sociology

Max Marks: 25

Essay

(10)

1. Enlist social problems and explain any three social problems in India

Short Notes

(5x3=15)

2. Differentiate rural and urban community
3. Write any three causes of alcoholism
4. Describe cultural influence on health and illness
5. Explain any two causes of unemployment
6. Explain social change

QP Code: 107009

Section C – Psychology

Max Marks: 25

Essay

(7)

1. Define psychology. Explain any two methods of psychology in detail

Short Notes

(6x3=18)

2. Enumerate factors influencing personality
3. Explain any two theories of forgetting
4. Differentiate sensation and perception
5. Explain factors influencing mental health
6. Enumerate any two alterations in perception
7. Explain any two types of learning
